



Issue 6/30th May 2025



THE NAIROBI ACADEMY

WEEKLY PREP

BULLETIN



Cambridge Assessment
International Education

YEAR 4 TRIP TO LAKE NAIVASHA RESORT



Eco-Tour & Hippo Talk

A thrilling walk through Lake Naivasha's diverse ecosystem! Learners gained insights on hippo behavior, reproduction, and essential safety tips for coexisting with these mighty mammals.



YEAR 4 TRIP TO LAKE NAIVASHA RESORT

Rose Flower Farming & Grafting Session

Exploring the science behind Kenya's blooming rose industry! Students discovered grafting techniques, flower varieties, drip irrigation, and the journey of flowers from farm to vase.



YEAR 4 TRIP TO LAKE NAIVASHA RESORT

Hearty meals & Team Building Fun

After each hearty meal, Year 4s geared up for action with water games, obstacle challenges, and laughter-filled teamwork — a perfect blend of bonding and boldness!



Kindling connections and shared stories

The bonding, the fun, the learning — moments that made this trip one-of-a-kind. Year 4 left with full hearts and unforgettable memories.

YEAR 6 TRIP TO SAROVA MAIYAN NANYUKI

Munene Njoroge,

Our trip to Nanyuki was very nice and enjoyable. I loved every moment of it! The boys stayed in a villa with Mr. Andala, while the girls stayed with Ms. Maggie. Everyone had a great time and made lots of fun memories. For us boys, one of the most exciting parts was staying up all night. We watched movies, made coffee, and talked about all sorts of things. I shared a room with Matthew and Philip, and we had an absolute blast. Matthew was sleeping in the middle bed, I was on the right, and Philip was on the left. We joked, laughed, and made the most of our time together. During the day, we swam in the pool, played football, and relaxed. One of our favorite activities was waking up early just to enjoy the jacuzzi — it was so amazing! The girls also had a jacuzzi, so everyone got to have that experience. We all felt like we were in a luxurious resort. We also saw many animals, including the two last remaining white rhinos in the entire world. That was a very special and unforgettable moment. At the end of the trip, we even got to see goats and rabbits, which added a nice touch to the whole adventure. Overall, it was an amazing time at Sarova Maiyan, and I'll always remember it as one of the best trip ever.



YEAR 6 TRIP TO SAROVA MAIYAN NANYUKI



Theodore Murimi

In this term's half-term, us Year 6 students went on a 2 night, 3 day overnight graduation celebration trip to Nanyuki.

We stayed at a hotel called Sarova Maiyan and we had heard good things about it, including the fact that we were staying in a VILLA with a jacuzzi, pool and a SMART TV as well!

On Saturday, we left on a grueling 6 hour journey to the hotel, stopping at tourist attractions like the equator (the middle of the earth!). At around 2:00PM, we had lunch, played some football at their HUGE football field and played water polo.

On the second day, we went to the Ol- Pejeta Conservancy where we were met with many animals upon driving in. We met with our guide who first showed us to the Northern White Rhino Enclosure where we were met with the mother-daughter duo Najin and Fatu. Unfortunately, we had to learn that these two were the last Northern White Rhinos on Earth and if they died then the breed would be extinct!

Fortunately, we also learnt that scientists are actively trying to make embryos which may make these rhinos have a second chance!

We also met a black rhino who is unfortunately blind called Baraka.

Across the day we were also able to see so many animals including all of the big five(Lion, Elephant, Rhino, Leopard and Buffalo). Unfortunately, all good things come to an end. On our last day, we went on a final walk around the hotel and said goodbye to this beautiful place. We then got back on the road and went back to Nairobi.

In conclusion, I think this trip was generally amazing and worth all the money!

I highly recommend that on your next vacation, you should go to Sarova Maiyan!



YEAR 6 TRIP TO SAROVA MAIYAN NANYUKI

Husna Ahmed

The overnight trip was an unforgettable experience that was full of learning, adventure, and fun. I liked that there was a sense of happiness and teamwork among everyone. It was an opportunity to spend time with classmates outside of the usual school environment, and that made it all the more special. One of the best parts was the group activities like swimming, football and a farm walk.



MENU

WEEK 7 TERM 3 2024/2025

MONDAY

- v FRIED CHANNA DAL
- v STIR FRY VEGETABLE
- v TOMATO RICE
- v GARDEN VEGETABLE SALAD

CAKE IN SAUCE TUESDAY

- v HOT DOGS
- v CHIPS
- v SPRING ROLLS
- v SIDE SALAD

WATERMELONE WEDNESDAY

- v BEEF STRONGNOFF
- v VEGETABLE CHOWMEIN
- v CONTINENTAL SALAD

FRUIT SALAD THURSDAY

- v YELLOW BEANS FRIED
- v CHAPATI
- v PEAS & CARROTS
- v FRIED CABBAGES

ASSORTED YOGHURT

FRIDAY

- v ROASTED CHICKEN
- v FRIED CAULIFLOWER
- v CUCUMBER ONION TOMATO/ SALAD

ASSORTED ICE CREAM