



THE

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NAIROBI ACADEMY

THE WEEKLY SCHOOL BULLETIN





Vision

To empower our learners to become internationally-minded agentic stewards who will impact the community with wisdom, problem solving skills and innovation.

Mission

To instill agency and self-efficacy through an inclusive learning environment that fosters a culture of high student achievement in collaboration with educational bodies.

About NA

The Nairobi Academy Secondary is a co-educational, non-selective and inclusive school catering for students of Year Groups 8-13.

The school offers the British National Curriculum leading students to students taking the International General Certificate of Secondary Education (IGSE) and General Certificate of Education (GCE) A-Level.

We also offer the Pearson-Edexcel Business and Technology Education Council (BTEC) Level 3 Extended Diploma. We are now an International Baccalaureate (IB) world school offering the IB Diploma programme (IBDP).

In this newsletter you can expect:

Team Time Concert
Sports
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Student's Speech
Principal's Blog
Photography by Jonathan Kahuria, Patricia Makau



TEA TIME Concert

My time practising for the Teatime concert was both fun and challenging. I practised my vocals with Mr. Philip and saw improvement with each lesson. What I loved was that before each lesson, Mr. Philip would help us warm up by giving us some vocal exercises. I learnt the harmony part for Alto and what was very exciting was learning that my voice was flexible. Our final performance on stage was very good.

Hera Obara

The Teatime concert was a very unique experience for me. The build up for making this performance was very good. Mr. Philip helped me perform a piece that I thought was really hard. I played the guitar in the song "Thinking out loud" by Ed Sheeran. Our performance during the Teatime concert was well done.

Chloe Wekesa

Our journey with rehearsing the song for the Teatime concert has been a roller coaster of emotions. Sometimes anger and frustration at not getting the melody right, and sometimes elation because the song really came out so well and the harmonies fitted in very well. We also felt a fear of performing or messing up while on stage but we jumped the hurdles and we did it! I'm so proud of us .

Natasha Mutheu

The Teatime concert went better than expected. Mr Philip was a great vocal guide and he ensured we all knew what we were doing during the vocal lessons. Although I got scared to sing in front of people, I found a lot of encouragement from people and ' got on stage, faced my fear and I sang. It was great to participate in the Teatime concert.

Rumaysa Kholisa



TEA TIME Concert



Participating in the PIPSSA athletics championship at Mpesa Foundation Academy was an unforgettable experience.

Although I felt nervous at first, I quickly found my stride—and ended up winning all my races!

I proudly came home with three gold medals and a trophy. The day was even more special because I got to reconnect with many old friends. Overall, it was an exciting, rewarding, and fun-filled day.

By Janelle Wandia



The U13 netball team had a successful outing, playing against LIS and Oshwal. We had a closely contested match against Oshwal, narrowly losing 12–15, and drew 3–3 with LIS. The girls have shown significant improvement in their skill execution. With continued practice, they are sure to get even better!

By Miss Hildah

It was a great match where the boys had the opportunity to enjoy themselves and showcase their skills on the field. Their effort and resilience paid off with a well-earned victory against Light Academy. Shout-out to the entire team for their hard work, with special recognition to Ted Simiyu, Heri Munyua, and Dale Bosire for their outstanding performances.

By Thimo Nyutu

The Girls did a very good job, they won with a big margin.

By Ms Esther Mbula



Next Week's (Week 9) Menu

MONDAY	<ul style="list-style-type: none">• FRIED MASOOL DAL• STEAMED RICE• MIXED VEGETABLE ***** JAM TART
TUESDAY	<ul style="list-style-type: none">• FRIED FISH FINGERS• BUTTERED VEGETABLES• CHIPS• CUCUMBER SALAD ***** FRUIT CUT
WEDNESDAY	<ul style="list-style-type: none">• CHAPATIS• RED BEANS FRIED• CARROT & PEAS• FRIED CABBAGES ***** ASSORTED YOGHURT
THURSDAY	<ul style="list-style-type: none">• PILAU RICE• BEEF STEW• RED LENTILS• FRIED BUTTER VEGETABLES ***** PUDDING CHOCOLATE
FRIDAY	<ul style="list-style-type: none">• WET FRY CHICKEN• SPRING ROLL• TOSSED SALAD ***** ASSORTED ICE CREAM

*Bon
Appetit!*

Hotspots

PUNCTUALITY FOR PSHCE

Students are reminded to attend PSHCE sessions on time. Avoid wasting valuable learning time in the morning.

TIMELY LESSON TRANSITIONS

Being late for lessons disrupts learning. All students are expected to transition promptly between lessons to maintain lesson quality.



RESPECT FOR ALL

A happy school starts with respect. Let's uphold respect for ourselves, others, and property. Treat everyone with kindness and consideration.

OWN YOUR LEARNING

Take charge of your academic success. Manage your time wisely—creating and following a study timetable is a great place to start.



By Joash Lumumba
Deputy Headteacher Student Life



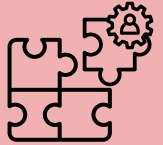
Moving Learning Forward



01.

Setting High Expectations:

For students' effort and application, teachers' expert instruction and parents' deliberate engagement in building a culture where thinking and problem-solving are valued, for inquiry, exploration and deep learning.



02.

Connecting Learning Through Assessment:

Measure student understanding, identify areas for improvement, and regulate pedagogy to enhance learning outcomes.



03.

Measuring Impact:

Assessing the effectiveness of teaching, learning and revision strategies and interventions for continuous improvement through data-drive decisions.



04.

Inform Parents and Students on Learning Progress:

Keep parents and students engaged and informed, helping them identify areas where more support or effort is needed.



05.

Active Engagement and Challenging Experiences:

Students take ownership of their education through application and intellectually stimulating practice to reinforce concepts and develop retention.



06.

Scaffolding Learning Differences:

Providing an inclusive environment and support for learners with different abilities, from dependence to self-advocacy by giving them equal opportunities to make progress and succeed.



07.

Evaluate Learning, Quality, Accountability and Policies:

Ensure that high standards are being met and improved upon, keeping the school accountable to stakeholders.



IS JUSTICE A PROCESS?

Imagine being chained by the wrists for days, long enough for your shoulders to tear apart, and every breath feels as if it's your last. Now imagine you've done nothing wrong, committed no crime, just a taxi ride gone wrong, and all of a sudden, you're the enemy. Would you feel safe? Would you feel seen?

“We must pay attention and speak up for those who can't.”



Let me introduce you to a 22-year-old Afghan man named Dilawar, your normal farmer and part-time driver, who was at the wrong place at the wrong time.

He lived in a small Afghan village called Yakubi, driving passengers through the dusty mountain roads to earn a few coins for his family. But in December 2002, his life ended, not because of illness, not because of war, but in a prison cell, hanging by his wrists. It started when his passengers were suspected of being rebels. He was arrested by American forces and taken to Bagram Air Base in Afghanistan. Details of the arrest were unclear.

He wasn't charged with a crime and no formal trial was done. Reports later described how he was restrained for long periods and subjected to harsh treatment. Through all this, he pleaded for mercy, but his captors didn't care to listen. He hadn't been charged. He hadn't seen a judge. Just pain and silence. What we do know is that during his time in detention, Dilawar faced extremely difficult conditions. Reports later described how he was restrained for long periods and subjected to harsh treatment. His body eventually gave out. When an autopsy was performed, it revealed severe injuries. What was the goal? Was it punishment? Was it an attempt to get information? If so, what information would he provide?

On his final day, Dilawar gave up. His body had given out. When an autopsy was done, doctors said his legs had been beaten so badly that the only way of saving him was an amputation, if he survived. But he didn't. When the truth came out, nobody was punished, and nobody took accountability for their actions. Could things have been handled differently? Could his situation have been avoided? This wasn't a secret, this happened under the watch of soldiers, officers, and rules that allowed pain to be a practice. All over the world, thousands of prisoners are suffering in silence. For their beliefs, their skin color, or sadly, for nothing at all. But all deserve fairness. All deserve dignity. How can we stand for justice when we look away the moment it fails? Justice isn't just rules, it's about being fair and kind to everyone. When we ignore pain or stay silent, justice fails but not only justice us a collective. We must pay attention and speak up for those who can't.

Injustice happens when we stop paying attention.

Thank you.

By
Salma Kamau

Read out by Jewel Kaisha

Ladies and gentlemen,

We stand at a crossroads, as a globe. The world is changing faster than ever, and the choices we make today will shape the future for generations to come. In this moment of uncertainty, I urge you to lean right—not out of blind tradition, but out of conviction in the principles that have built strong societies: liberty, responsibility and order.

Fight For What Lasts.



Why lean right?

Because the right stands for freedom, not the false freedom of endless permission, but the true freedom of self-reliance, earned successs and personal accountability. The right understands that prosperity doesn't come from handouts but from hard work, innovation and the courage to take risks.

Because the right defends tradition, not as a relic of the past, but as the wisdom of centuries. Family, faith and community are not chains holding us back; they are the anchors that keep society from drifting into chaos.

Because the right believes in strength, not the aggression of bullies, but the resolve of those who protect what they love. Strong borders, a strong economy, and a strong moral foundation are not negotiable. A nation that cannot defend its values, its people or its sovereignty is a nation in decline.

The alternative is decline, when you choose to float left. We live in a world where too many people are content to float left, to drift with the current of comfort, complacency, and government handouts. But history doesn't reward drifters. It rewards those who plant their feet, lean right, and push forward against the resistance.

We've seen where this leads: economies crippled by debt, societies fractured by identity politics, and generations raised to resent their own heritage. Is that the future we want?

So I say again: Lean right. Stand for what works. Fight for what lasts. Reject the empty promises of radical change and embrace the enduring truths that have lifted nations from poverty to greatness.

Thank you.



By John Karanja,
Head of School
