

The Nairobi Academy

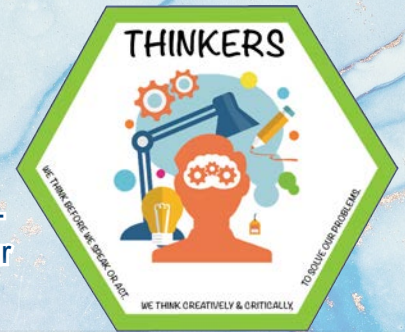


*"Teamwork makes
Makes the dream work."*

YEAR 5C

"Everything you see was once a thought in someone's mind".

We are not sure who to give credit for this quote, but we heard it used on the video we used to help us understand the different aspects of our learner.



ASSEMBLY

The thinking skill I worked on was solving challenging problems. The step I took was to find out what a challenging problem was. After I learnt what this was, I was able to identify a challenging problem I had. Well this happened to me in a science lesson where I got stuck on a question which asked "Which state of matter is in the form of a blackhole?" I was confused about that question. So what I did to overcome this was I went through the comprehension three times until I noticed it. But to be honest that is the only skill I have practiced because I was told to. So now I know what my full-time goal is. What I will be doing is researching deeply and going to sites. I am working on becoming a thinker who makes ethical decisions and thinks creatively. I know I have a goal in my daily life.

~ Patrick



I have been enjoying myself developing and upgrading my thinking skills drastically. I have understood what a thinker is. Being a thinker is not easy. You have to identify and classify information while Thinking and working Mathematically. Being a thinker also means working at situations creatively, critically, and ethically.

Thinkers look at challenges as opportunities. A challenging process I went through was understanding thousands, hundreds, tens, ones and tenths and hundredths. I just thought my teacher was talking about the thousands, tens and hundreds. I had no clue that she was talking about tenths and hundredths. My second challenge was helping others in science work as well as doing my work over in science multiple times.

My other challenge was explaining how mosquitoes are among the pollinators. It wasn't too easy figuring out all these fabulous facts about mosquitoes. I enjoy helping others and teaching others.

~ Levi

Cycling trip at Brakenhurst



The cycling at Brakenhurst was really exciting, good and enjoyable. The track had multiples of uphill and downhill. I liked the downhills. Sometimes when cycling we would get confused so we would go down to get to the right track. The first track was longer than the second one. I enjoyed the snacks and the juice. I also enjoyed KFC.

~ Ken 7B

The trip was fun, I met new people. I enjoyed going downhill. The most tiring part was cycling uphill. I ate KFC and got a chance to pick some tea leaves. I enjoyed the nice views of Limuru. I am looking forward to many more. We ate so much but burnt it all.

~ Nguchu 7B



I went cycling on Saturday .It was very fun, there were a lot of people. We finished at 3pm. We ate fruits, popcorn and Ice Cream. I also ate KFC. After cycling I went home.

~ Tayseer 2I

There was a cycling trip on Saturday at Brakenhurst in Limuru. When we reached there we were given the instructions. I felt a bit nervous but I had hope in myself so I went for it. There were so many up hills and down hills. At the end I was so tired. I had KFC for lunch, truly this was the best trip.

~ Saif 5C

The trip was very fun. I enjoyed the experience. .

~ Nissi 3C



I choose to have a
positive attitude to
learning, even when
it is hard.

I take ownership
by initiating action
toward meeting
goals.



I always strive
to get better.

Circle Time in year 7A



Every Tuesday and Thursday Year 7A have a class meeting. We discuss about what we have archived and what we could do better. We also discuss if we have any problems during lessons, or any scenario that happens in or out of class. This meeting helps us form an understanding, with others opinions and thoughts. We enjoy the 15 minutes we get together.

~ Salma 7A

PTA

Annual General Meeting



The Parents Teachers Association held its annual general meeting on Monday 7th November. The functions of the PTA are to encourage collaboration between Parents, Teachers and the Schools' Administration. They also aim to exchange ideas and run projects to benefit students and the school. Membership is open to all parents and legal guardians.

A new PTA Committee for the 2022-2023 school year was elected. Congratulations to the new team! We look forward to working together.



Meet the new PTA Committee



Hellen Simbili

I am the parent of 2 students: Emmanuel Simbili in Y5, and Shallom Simbili in PP2 Green. My hobbies are reading books. I also enjoy sports, especially athletics.

My children are Benjamin Karioki in Year 12 and BettyLily Karioki in Year 10.

My areas of interest are in Mental Wellness.



Sarah Karioki



Sylvia Kokonya

My son (George Kokonya) is in year 12A. My interests are the environment, particularly on how to mitigate the impact of climate change. I love to cook, read and knit.

My daughter is in year 11.

I am a businessman dealing in energy both for cars (fuel) and people (purified drinking water). I am a CPA (K) and hold a degree in accounting. Glad to help support the school by serving in the PTA



Michael Mackenzie



Daniel Njoga

My children are Dasha Gakenia Njoga in Year 11 and Misha Mutugi Njoga in Year 8. I am an Educator, teacher

My daughter is Samantha in year 8.

My interests are in music, sports, academics & marketing.



Elizabeth Gachie



Joshua Musee

Teacher of English, Literature and Drama. Interests: Outdoor Adventure, Presidents Award Scheme. I have done both Mt Kenya and Kilimanjaro successfully with our students here in NA. Both my sons have left school.

I am the father of three wonderful girls.

Two of them are in the Pre-Prep school - PP2 and PP4. I am a passionate teacher and guidance counsellor. I enjoy personal talks providing the support required for learning and skills acquisition.



Patrick Andala

Scouts

Leaders Camp



So the trip to Greensteads Nakuru was one of the best trips I have ever had. It was my first ever camp where I have not slept in a tent. Every day we had classes on first aid or how to break the flag. I learned many good qualities of a leader and life skills and I would definitely do it again. The amazing thing about was the food and my roommates but mostly the food.

~ Samara



We had a great time and we really enjoyed it. We learned all the things we needed to know and the camp was a big success. It was an amazing experience where we did team building activities and learned all sorts of things, made friends and learned how to be a good.

~ Maryanne

The Scouts-Patrol + Assistant leaders camp was IMMACULATE. We had at least 6 to 7 sessions in a day with at least 2 to 4 breaks for food, juice or water + going to your dorms to change or get something. On the first day we reached there at 18:32 PM and had a roller-coaster of emotions on the way. There was one specific thing that I remember which was when you misbehaved a scout- leader called Mr Akela Bluetooth told you to give him push-ups and at the end you say, " PHYSICALLY FIT, SIR!". Besides that the trip was amazing and we had some much fun..

~ Christine



Merits

Aaira



For taking corrections positively. Well done Aaira.

Caleb



For treating his peers with fairness and understanding.

Aeiden



For collaborating with the others to work in preparations for and during matches.

Zara



Displaying the learner profile attribute 'Noble', by giving up his free time to help create a poster for a music event.

Tevin



Displaying the learner profile attribute 'Noble', by helping with the set up for Sports Day very early in the morning.

Merits

Angela



For taking on the challenge of using coloured pencil for her ear drawing assignment.

Stephanie



For completing her Art work in good time.

Natalie



For being meaningfully engaged in class and completing Science assignments on time and to expected standards.

Kevin



For being meaningfully engaged in class and completing Science assignments on time and to expected standards.

Theo



For his active participation and enthusiasm during Science lessons this week.

Students of the week

Kristiana



For striving to do her best even when she was not feeling well.

Baltej



For having a good attitude to all his learning, especially in key subject areas. He is always the most cooperative and helpful student in class.

Ayden



For displaying the habit win-win in class. Well done Ayden.

Alicia



For answering a Math question and explaining the concept behind it. She is a thinker.

Ashlyn



For being positive, confident and very supportive.

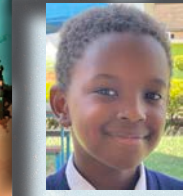
Students of the week

Tacey



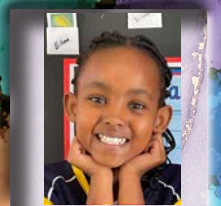
For tremendously improving on her handwriting.

Levi



For displaying a learner profile, he inquired into the role of mosquitoes as pollinators and presented them to the year fives. The presentation was extremely engaging.

Emma



For always striving to do the right thing at the right time. She puts first things first in every work and activity assigned to her.

Njoki



For showing enthusiasm in learning patterns in Math, she was engaging and very active in identifying patterns in triangular numbers. Good job!

Arjan



For taking up the challenge to work and complete assignments during the academic break.

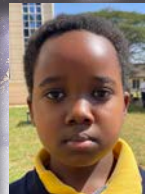
Students of the week

Zawadi



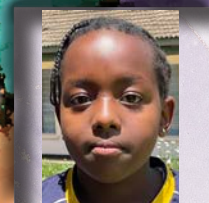
For being a proactive student who takes responsibility for her learning. Not having her book did not stop her from doing her homework, she did it on a piece of paper and handed it in on Monday.

Shawn



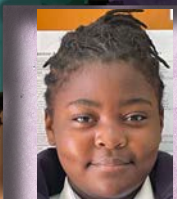
For demonstrating a growth in confidence and being engaging, as well as making positive strides towards regular attendance and participation.

Keyshia



For her bravery and active participation during the animal and plant cell fair. Well done!

Stacey



For confidently sharing her understanding to the Year 8's about plant and animal cells during the Year 7 Cell Showcase.

Rumaysa



For her eagerness to accept leadership roles. She embodies the profile "responsible" by remaining principled at all times.

P.E

Students of the week

Ethan

Zhadia

Siamanta



For his discipline to follow instructions during squash training and classes.

SPECIAL MENTION

For her active participation during football practice in P.E lessons.

For her willingness to present the school in Braeburn Kasarani U13 1500m athletics.

Birthdays

Ebyan

Tedd

Nguchu

Dave



House Points



1165



763



618



491

Week 12 Term 1 2022 / 2023



MONDAY

FRIED PIGEON PEAS
SPRING BLEND VEGETABLES
COCONUT RICE
FRESH GARDEN VEGETABLE SALAD



CARROT CAKE

TUESDAY

TRADITIONAL MUTTON STEW
COLLARD GREENS
UGALI

FRUIT CUT

WEDNESDAY

HERBED BAKED FISH
CARROT, FRENCH BEANS AND COURGETTES DELUXE
POTATO WEDGES
SIDE SALAD

ASSORTED YOGHURT

THURSDAY

BRAISED BEEF
BROCCOLI COMBO
PILAU RICE
COLOMBIAN SALAD

FRUIT SALAD

FRIDAY

FRIED SOUTHERN CHICKEN
FRIED CAULIFLOWER
CHIPS MASALA
CUCUMBER ONION TOMATOES SALADS

ASSORTED ICE CREAM



EVENTS

Mark Your Calendar



Week 12

Focus of the week: **Habit -**

BEGIN WITH THE END IN MIND

Monday **14th** November:

Gratitude Monday.

Tuesday **15th** November:

U11 B&G Cricket vs Premier (**H**).

Y7 Day trip to Nairobi National Park.

Wednesday **16th** November:

Health & Safety drill - Lock down.

Y2 Day trip to Kikwata Camping Site.

Y3 Day trip to Rift Africa, Karen.

Thursday **17th** November:

Y6 Day trip to Nairobi Arts Centre.

Friday **18th** November:

6N Assembly.

Y4 Day trip to the National Museums of Kenya.

Y5 Day trip to Kenya Meteorological Department.

Week 13

Focus of the week: **Learner Profile -**
ENQUIRERS

Monday **21st** November:

Gratitude Monday.

Friday **25th** November:

5R Assembly.

Activities end.

Saturday **26th** November:

Nairobi Junior Swimming Championships @ Makini.

Sunday **27th** November:

Nairobi Junior Swimming Championships @ Makini.