

# The Nairobi Academy



*"Creativity takes Courage."*

~ Henri Matisse



# YEAR

# 31

Seek First  
to Understand,  
Then to Be  
Understood®

# HABIT



**Caleb** - It means listening to someone speaking without interrupting them.

**Warren** - Habit 5 means that we should be patient with our friends and allow them to speak then help them.

**Abdijalil** - Following habit 5 will help you to be a great listener and leader eventually. This habit has helped me enjoy my Math lessons.

**Natalise** - It is good to listen to understand instead of interrupting. I always try to listen with my ears, eyes and heart.

**Grace** - Communication is a very important skill. It helps you to know how to read and write. By following habit 5 you will get informed and know so many things around you.

**Alicia** - If we follow habit 5, we will not ignore people nor selectively listen to what they have to say.

**Liam** - Habit 5 helps one we shall pay more attention to others as they speak and respond to them correctly.

**Humarya** - By following habit 5 you will get informed and know so many things around you. If you apply make-up, you need to listen to given instructions so you don't overdo things and look funny.

**Kerongo** - In Music, I have to listen to Ms. Betty to know the music notes to reach with the piano and in Art I listen to Ms. Wavinya so I can know how to draw something.

**Jasmine** - It simply means to communicate effectively; we must first understand each other.

# Assembly



# Year 6

## Artfest fair at Rusinga

Tamika Se | Wed, Thursday 3<sup>rd</sup> October 2022  
 On Wednesday this week I went to Rusinga with my friends for the art festival. It was an enjoyable moment. We were told to go with 5 artworks of our choice but we came with 6. After we went round viewing all the art from different schools. 8 to 9 schools attended. Later we were told what to draw and we did a still life artwork. I enjoyed chase painting. We had one hour to finish drawing and colouring. We had a colour fest and before we had a break. The year 11's from Rusinga coated us with powder paint. After we were judged and we... Didn't win. A few minutes later we got lunch and came back to school. I had so much fun!



Art fair Reflection  
 It was very fun going to Rusinga. First we put up our 6 art pieces on a board under a tent.  
 Secondly, we went around all the tents looking at different school's artwork.  
 Next, we did our art piece and Ken did still life objects we got 1 hour.  
 Lastly we played a game where we run through an arch of powdered paint. Making us very colourful.  
 -Mukami Nandi Mirero 6W

During the Art Fest I had lots of fun I saw how creative people are in their own way and many more. I also experienced having a timeline to do a piece of work of your own choice. It was not easy because, I would look at other peoples work and think whether mine was really the best but I realized it was not about winning it was about having fun and that was the most important part of the day. The best part of the day was when we would run and paint would come flying at us as it was really enjoyable and I think it would make a fine piece of art itself.

~ Angela 6N



Mo Tu We Th Fr Sa Su  
**ART FAIR** Reflection.  
 The art fair was very "entertaining" we did lots of things but my favourite was the color fest where we threw dry paint on each other. It also taught me more about shading and using your time wisely.  
 TORI M 7B



The Artfare was very fun. There were so many different activities that took place and lots of schools came to! There were some art competitions that took place, although our school never won any it was still a good experience. We interacted with many people and made new friends from different schools. My favorite part of the Artfare was the colour fest. It was an event where different powdered colour was poured on us. Our white shirts came back with so many different colours on it. Overall at the end of the day whether we won or not, I loved it!

~ Zoey Y7



I have the power  
to enjoy learning  
by coming to  
school happy.

I set my goals and  
know what I have to  
do to achieve them.

Attitude . Agency . Achievement

I always do  
my best.



# Good Behaviour

**Nate**



For being a happy, kind and gentle friend to all and for working cooperatively with his learning partner.

**Njoki**



For always being so thoughtful and considerate towards others. You are a star!

**Alex**



For making deliberate efforts to complete his Literacy planet missions. Good job Alex. Keep it up.

**Warren**



For demonstrating positive character traits.

**Mark**



For being a hardworking and supportive student.



# Good Behaviour

**Faisal**



For taking corrections positively and for being keen to improve on his spellings.

**Tamika**



For her leadership. She lives up to the leadership pledge. Her actions, behaviour, and demeanour are an example to others.

**Jabali**



For having a growth mindset and accepting corrections with a positive attitude.

**Emmanuel**



For accepting his mistakes and working towards improving his behaviour.

**Nowell**



For always displaying good citizenship skills. He reminds his peers of the assignments and instructions given.



# Good Behaviour

**Mukami**



For showing courage in owning up to her mistakes and purposefully making the effort to change.

**Zara**



For displaying gratitude in appreciating efforts made by her peers and providing support to enhance progress and consistency. Good job!

**Wendol**



For consistently being kind and considerate to her classmates.

**James**



For displaying excellent people skills. He seeks to understand before he is understood.



# Merits

Tegh



Displaying the learner profile attribute 'Noble', by letting others have the time to practice, even when he is really looking forward to his own opportunity to do so.

Ranja



For displaying the learner profile 'Dynamic' through his performances on Sports Day.

Jude



For displaying the learner profile attribute 'Noble', by helping with the set up for Sports Day very early in the morning.

Konstantin



Displaying the learner profile attribute 'Noble', by giving up his free time to help create a poster for a music event.

Adan



Displaying the learner profile attribute 'Noble', by helping with the set up for Sports Day very early in the morning.



## Students of the week

Tedd



For excellent work ethic. Tedd always tries his best and takes great pride in the presentation of his work. Well done Tedd!

Maya



For developing a more responsible attitude in the classroom, and for working hard on hand-writing. Well done!

Zara



For taking the initiative to make a PowerPoint presentation on Ancient Egypt. Well done Zara!

Leo



For being very proactive during sports day. Keep it up.

Gabrielle



Gabrielle works very well independently and submits neat and high quality work.



## Students of the week

Mischa



For being very responsible with her personal property. Keep it up.

Maria



Welcome to Nairobi Academy. Keep being active, engaged, and dynamic.

Joshua



For his enthusiasm when performing activities and his dedication to doing his best in and out of class.

Christine



For being reliable during the interview with the astronaut Konaka. She volunteered to record the meeting and did a remarkable reflection on the same. Keep it up!

Ebyan



For being a responsible learner. She has been working on her goals consistently this week and within the timelines she set for each goal.



## Students of the week

Makena



For demonstrating courage as she inquires and collaborates with her classmates and showing confidence in her presentation on leadership.

Daye



For collaboratively engaging his peers in making plant and animal cells models. Well done.



Arif



For willingly taking up active roles in assembly preparation.

Maryanne



For demonstrating a high achievement culture through her work ethic and motivation to always do her best.



# Students of the week

Imran

John

Talia



For assisting his peer to run his tyre race during the Annual Sports Day.

For assisting his peer to run his tyre race during the Annual Sports Day.

For assisting her peer to run his tyre race during the Annual Sports Day.

## Birthdays

Dylan

Patrick

Nguchu

Angelo





# House Points



562



398



311



289



# Week II Term I 2022 / 2023

## MONDAY

FRIED COW PEAS  
CALIFORNIA BLEND VEGETABLES  
TURMERIC RICE  
CAESAR SALAD



PINEAPPLE SALAD

## TUESDAY

FISH FINGERS WITH MARINARA SAUCE  
MIXED VEGETABLES  
BUTTERED MASHED POTATOES  
SWEET SLAW

FRUIT CUT

## WEDNESDAY

FRIED BUTTERED BEANS  
ALOO GOBI MASALA  
CHAPATI  
BRAISED CABBAGES WITH MIXED PEPPERS

ASSORTED YOGHURT

## THURSDAY

HUNGARIAN BEEF GOULASH  
GRILLED ASPARAGUS WITH CARROTS  
TOMATO RICE  
CONTINENTAL SALAD

FRUIT SALAD

## FRIDAY

BAKED CHICKEN  
KADAI PANEER  
CHIPS  
KACHUMBARI

ASSORTED ICE CREAM



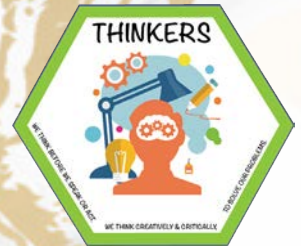


# EVENTS

Mark Your Calendar

## Week 11

Focus of the week: **Learner Profile - THINKERS**



Monday **7th** November:

Gratitude Monday.

Tuesday **8th** November:

**U11** B&G soccer vs Premier (H).

Thursday **10th** November:

**U9** Boys & Girls Cricket vs Oshwal (H).

Friday **11th** November:

**5C** Assembly.  
Braeburn Athletics Meet.

## Week 12

Focus of the week: **Habit - BEGIN WITH THE END IN MIND**



Monday **14th** November:

Gratitude Monday.

Tuesday **15th** November:

**U11** B&G Cricket vs Premier (H).

Wednesday **16th** November:

Health & Safety drill - Lock down.

Friday **18th** November:

**6N** Assembly.