

# THE NAIROBI ACADEMY



5TH OCT. 2022

## Happy World Teachers' Day

THE NAIROBI ACADEMY

The art of teaching is the art of assisting discovery. - Mark Von Doren



# Year 6W Assembly



## Assembly Reflection

What I loved most about planning the 6W assembly was definitely the class dance. From the start I loved the song and then we planned the dance moves. I loved everything about the dance and it was so much fun.

I also loved making a puppet. We were supposed to have a puppet show and we were to make sock puppets for a puppet show instead of a skit. We decided that we either do a puppet show or talk to the puppets. Unfortunately we didn't have time to practice so we scrapped the whole idea in the end.

-Mukoni Mirero 6W (term 1).



Today was so fun because of our year 6W assembly. All of us were very valuable to the assembly, I personally did introduce people and also dance. It was a very fun day I hope we have more fun the next time.

By: Heri Munyua  
6W







# Year 2

## Trip

### Animal Orphanage & Safari Walk



Tuesday 4<sup>th</sup> October 2022  
 Walk my trip  
 I saw 2 buffalos  
 I saw 2 dears  
 I saw 1 crocodile  
 I saw 3 colobias monkeys  
 I saw 1 hippopotamus  
 I saw 1 ostriche  
 I saw 1 giraffe  
 I saw 1 zebra  
 I saw 1 cheeten  
 I saw 12 fish  
 11

Tell about it  
 The trip was Awesome!  
 I saw 4 things: crocodile, lion, hippo, and a zebra. I enjoyed the trip here again. I wish I could go.

Tuesday 4<sup>th</sup> October 2022  
 Hello. My Name is Tamara. Today I went to the national park. I saw a lion, fish, columbus monkey, leopard, rhino, zebra and crocodile, deer that's it. Thankyou



# Year 2

## Trip

### Animal Orphanage & Safari walk



Kristiana Wanjiku

My day was good and fun.

I saw new animals.

I saw a rhinoceros and a monkey.

I saw a giraffe and a hippo.

I played with Tamara and had fun.

We ate hot dogs and crisps.

We drank water in the bus.

It was a good day!



John Mwanza

Tuesday 9<sup>th</sup> Oct, 2022.


My reflection.

My trip.

Today, I went to Nairobi National park.

I saw 1 Monkey and a Buffalo.

Below is a picture of a zebra.



For lunch, I ate a hot dog, crisps, an apple and mango juice.



# Year 3 Trip

## TO KITENGELA HOT GLASS



My trip to Kitengela hot glass was fun I walked on a bridge like the ones that you see on cartoons, and it didn't break. We had a party in the bus, we ate crisps, and hotdogs (but I only ate the sausage part of the hotdog) we saw how they make glass sculptures. Fun fact they use a furnace to smelt glass into sculptures. They get their glasses from people who have broken mirror pieces or broken glass and mugs. I learned about reuse, recycle and reproduce. We also got gifts some of us got balls, cups and insects, Aden, Zara, Aria and me got insects and Aria got two things a cup and an insect because she had pocket money.  
~ Alex



The trip was good. I enjoyed walking on the bridge at first I was scared but when I was walking back. I was not scared so I jumped a bit then I was shaking the bridge. It was fun and I enjoyed it. But when we were going back the person I was sitting with went to sit with Nissi. So when we got on the bus I went to sit with Humayra. It was fun but I slept when we were going back to school. It was so hot in the bus that when we were coming back I was sweating too much until Tanzil looked at me like AYYE. That is all I have to say about the trip.  
Thank You  
~ Zara





# Year 6 Trip

## African Heritage House





## Trip Reflection (African Heritage Home)

The things I liked most was all the different artifacts and sculptures from all the different cultures and countries. There was so many such as: Madagascar, Mali, Morocco, Kikuyu, Masai, and so many more. My absolute favourite artifacts were the ones from Morocco and Lamu.

I also loved all the different names such as Mud cloth, Kuba cloth, soap stone, Kisi stone ect. The house was beautiful, it had a pond and even a pool with a breakfast area. The trip was amazing & so much fun.

-Mukami 6W



Thursday 6<sup>th</sup> October 2022

## African Trip Reflection

There The trip was fun. We saw animals & sculptures and more. We learned alot like the owners name who is Alan Donovan and where and when he was effected died and where he was buried. We learned the name the most beautiful woman name her name is Imman. We learned how long he dug the pool. One of the sculptures that were there were The roming lady for fishing nets Tinga Tinga soap stones coral walls doors from india that are 300 years old. We learned that the people tried to steal some sculptures and that is when the electrifence was installed.





# Activities



Environmental  
Warriors



# Year 5 Trip

Well, I thought the trip would be boring but it turned out to be fun. The forest was fun and cool. There were 2 species of Monkeys, 4 species of Antelopes, and over a hundred species of Birds. The people we got to meet who worked there were Ken and Jonathan. What I learned was: White Monkeys exist. People kill animals for their skin. My prediction of the people who worked there was that they were mean and rude to the environment and animals but they were the opposite.

~ Esther Chege

I enjoyed the trip I liked walking and I enjoyed learning new things with Mr. John and Mr. James and Mrs. Lucy we saw monkeys and antelopes and no birds but there is 100 species of birds and 2 species of monkeys and 4 of antelopes and I really enjoyed the wonderful trip.

~ Dylan Karani

My trip was so great we walked in the forest saw the animals like gazelle bats in the caves and monkeys on the trees. Then we went to see the waterfall. We took some pictures. I like going for trips.

~ Zhadia Chebet

My trip was very fun.

I learnt that Karura forest had 100 species of birds 4 species of antelope 2 species of monkeys. The monkeys kept stealing food from people and when we first saw the monkeys they were following us for food but we didn't have food. Then it left. The workers were: Jonathan and ken.

~ Kawther Abdi

The trip was fun. I loved it, but I was sooo tired from walking that my legs felt that they will snap into four. Personally it was interesting we learnt about trees, animals (monkeys, antelopes) for trees we learnt a tree called alkeria.

~ Nduta Kiragu

My trip was good. Karura is a good place it has beautiful animals it has a big field and big place to do jogging, run, walking and riding on a bike. I learned about different species of animals in Karura there are antelope monkeys and butterflies. I learned about peoples roles in Karura. And different species of animals and different trees and their names for example eucalyptus.

~ Nathan Bett



# Young Engineers



Nairobi Academy had two teams that participated in the Young Engineers Interschool Competition. The theme was 'Smart Cities'. The criteria for judging included innovation, teamwork, confidence, time management, and creativity. Each team had to present their projects to the judges and explain what they had built. The winning team were the Legendary Four made up of Heri, Mukami, Makena and Shawn. Well done to all the participants!

## Birthdays

Warren







**Our Sports day is  
postponed from Friday  
14th October 2022 to  
Friday 28th October 2022.**

**Apologies for any  
inconveniences caused.**





# Yet

By Heidi Harrell

There are so many things you want to know,  
So many ways you want to grow,  
There are so many things you want to be,  
So many milestones you want to see.

You will get there if you never forget  
The superpower of the word, YET!

When you first tried to talk, you were hard to understand,  
When you first tried to eat, you needed a hand.  
When you first tried to walk, you fell and fell,  
When you first tried to run, it didn't go well.

But your baby self knew something we often forget  
The superpower of the word YET!

Somehow you knew that if you kept trying  
Your chances of success would keep multiplying.  
The same is true with every risk that you take,  
You just have to learn from every mistake.

Where you put your effort, the goal will be met  
As long as you remember the superpower of YET!



# Good Behaviour

**Tamara**



For having good behavior towards the animals, peers, teachers and the guides during our class trip.

**Baltej**



For always cooperating consistently with the teachers and other students.

**Ibtisam**



For being mindful of others and having a growth mindset.  
Keep it up Ibtisam.

**Abdijalil**



For showing excellent ability to set goals and be persistent in achieving them

**Vanessa**



For being focused and finishing her work on time.



# Good Behaviour

**Tacey**



For being very kind to all her classmates.

**Levi**



For taking up responsibility for his mistakes and apologizing genuinely when asked.

**Zhadia**



For being confident and allowing herself to face her fears slowly by slowly. Well done!

**Amira**



For paying attention to the teacher's requests on being in the right place at the right time.

**Angela**



For being proactive and prompt to work out her assignments.



# Good Behaviour

**Ebyan**



For displaying excellent, good people skills. She seeks to understand before she is understood.

**Makena**



For having a growth mindset and accepting corrections with a positive attitude.

**Jewel**



For taking her responsibilities in and out of class seriously.

**Ellah**



For showing willingness and initiative in designing class house point chart.

**Samara**



For exhibiting wonderful people skills. She treats her peers with empathy and respect.



# Merits

Angela



For completing her Art homework in time.

Mischa



For printing the multiplication table and sticking it in her book as instructed.

Zwena



For printing the multiplication table and sticking it in her book as instructed.

Joshua



For printing the multiplication table and sticking it in her book as instructed.

Faisal



For printing the multiplication table and sticking it in her book as instructed.



# Merits

Ignatius



For striving to do his best  
in his studies.

Gabrielle



For always having a positive  
mindset.

Ashlyn



For displaying great  
leadership skills.

Rumaysa



For coming up with an  
ingenious solution to reading  
on Epic past school hours.

Dylan



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!



# Merits

Esther



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Kawther



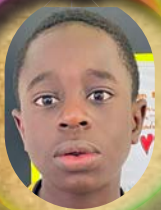
For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Emma



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Joshua



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Zaneta



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!



# Merits

Jude



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Nduta



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Anmol



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Fuche



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!

Alba



For displaying the habit,  
synergize by working hard  
as a team and supporting  
the 5S assembly. Well done!



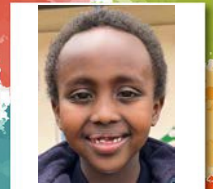
# Students of the week

**Bul**



For helping his classmate John see the Rhino on our trip by lifting him up. This was for a good cause. Thank you Bul.

**Ali**



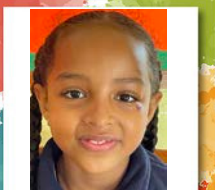
For using his instincts to deal with matters independently and positively.

**Adan**



For being a great thinker and always looking for solutions to challenges he has. Well done Adan.

**Natalise**



For making smart decisions, admits mistakes and listens to opportunities to improve.

**Azmi**



For working so hard to complete all his work on time.



## Students of the week

Arthur



For showing commitment to finish his class work.

Alba



For being a thinker, by displaying high achievement towards her work ethic, and serving as an example to her classes.

Jabali



For being dynamic, he displayed great dancing skills during our class assembly.

Nathan



For being proactive by catching up on all the work done while he was away.

Aiden



For synergizing with his teammates during preparation for a soccer match.



# Students of the week

Liam



For reading teachers feedback in his English book and working towards improving as advised.

Naisula



For demonstrating the attribute Noble and being considerate to others ideas and suggestions.

Zoey



For her initiative towards class displays and board labeling.

Briannah



For always trying her best in finishing tasks assigned on time.

Muthoni



For her enthusiasm when performing activities and her dedication to doing her best in and out of class.



Aeiden



PE

For having a kind  
attitude towards peers  
and team mates during  
football matches.

Anna



**SPECIAL  
MENTION**

For persevering during the  
early morning swimming  
training without fail every  
week.

Ashley



For being top scorer  
in all U11 football girls  
matches in the 2022/2023  
Inter-School friendlies



# PE



It was a good experience to play with our neighbors school LaSalle. The girls won 2-0 and boys lost 1- 0. This was their first match since joining prep school. They played with so much energy. Good job learners!

Getting cool down from our injured player Nathan is always the best, year 5 fun moments in P.E



**U11 boys team B won 2 -0 against Hillcrest at Nairobi academy as girls team A and B won 1-0 each against Hillcrest at Hillcrest school, Cheers U11 football team.**



# House@ Points



152



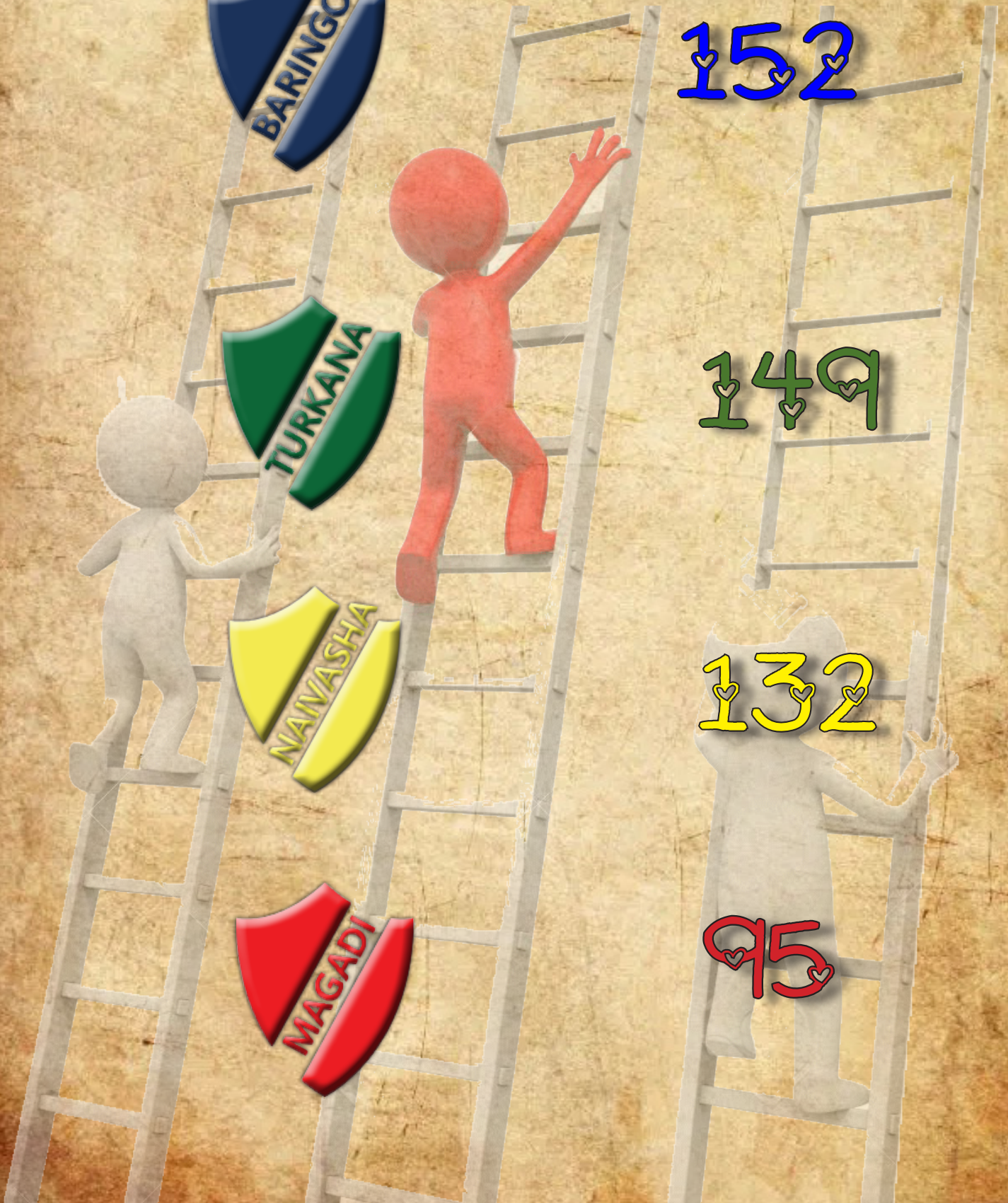
149



132



95





# Week 7 Term 1 2022 / 2023

## MONDAY

- FRIED RED LENTILS
- SPRING BLEND VEGETABLES
- TOMATO RICE
- FRESH GARDEN VEGETABLE SALAD



\*\*\*\*\*

CAKE IN CUSTARD SAUCE

## TUESDAY

- HERBED FISH FILLET
- BROCCOLI COMBO
- BUTTERED MASHED POTATOES
- TOMATO CUCUMBER AND ONION SALAD
- MARINARA SAUCE

\*\*\*\*\*

FRUIT CUT

## WEDNESDAY

- FRIED CHANA DAL
- VEGETABLE CURRY
- CHAPATIS
- FRIED CABBAGE WITH MIXED PEPPERS

\*\*\*\*\*

ASSORTED YOGHURT

## THURSDAY

- BEEF STROGANOFF
- BRAISED VEGETABLES
- COCONUT RICE
- TOSSED GREEN SALAD

\*\*\*\*\*

FRUIT SALAD

## FRIDAY

- HERBED CHICKEN
- CHILLI PANEER
- CHIPS
- COLESLAW

\*\*\*\*\*

ICE CREAM





# REMINDER

## END OF DAY PICK UP

Students must be picked up by 4.00 pm, if they do not have an after school activity. If your child has an after school activity, arrange for pick up at 4.30pm sharp. Students should be home early to rest, freshen up and do their homework.

## UNIFORM

On the days students have squash, PE or team training, they will come to school dressed in PE kit. On the other two days, students must wear full school uniform. On swimming days, students will come to school in full school uniform and carry their swim kit. The swimming costumes are navy blue trunks for boys and navy blue full swimsuits for girls. Strictly NO BIKINI's are allowed.

## OUT OF BOUND AREAS

The following are the out of bound areas for Prep school students:

- Squash courts and area behind there (unless with a teacher)
- Secondary school and swimming pool area
- Banda is out of bounds for play
- The car park, bus park, the kitchen, and all areas behind the hall
- Boarding dorms
- Pre-prep area

## EXTRA-CURRICULAR ACTIVITIES

There are opportunities for students to choose from a variety of extra-curricular activities. These provide them with endless opportunities for learning new skills and igniting new passions. At this age, exposure to different activities is essential so as to learn your child's talent.

## TRIPS AND ACTIVITIES

Please pay for your child's activity using  
**MPESA Paybill 542542**  
Account Number 00281#name of child



**IT'S PUBLIC  
HOLIDAY  
AGAIN!**

**HUDUMA  
DAY**

**Monday October 10th, 2022**



## Week 7

Focus of the week: **Habit -**  
**PUT FIRST THINGS FIRST**



Monday <b>10th</b> October:	Gratitude Monday.
Wednesday <b>12th</b> October:	Health & Safety Drill - Fire drill.
Thursday <b>13th</b> October:	Year 6 parents Cambridge information session.
Friday <b>14th</b> October:	4D Assembly.
Saturday <b>15th</b> October:	Scouts Pursuit and Endurance Hike to Mt. Kilimambogo.

## Week 8

**HALF TERM WEEK**

Wednesday <b>19th</b> October:	Kenya Orchid Society art exhibition at the Sarit Centre Exhibition Hall 20-23 Oct 2022
Saturday <b>22nd</b> October:	NCAA Level 2 Swimming @ Makini.
Sunday <b>23rd</b> October:	NCAA Level 2 Swimming @ Makini.

## Week 9

Focus of the week: **Learner Profile -**  
**LEADERS**



Monday <b>24th</b> October:	Teacher Professional Development.
Tuesday <b>25th</b> October:	<b>SCHOOL RESUMES AFTER HALF TERM.</b>
Thursday <b>27th</b> October:	U9 Boys & Girls Cricket vs Premier (A).
Friday <b>28th</b> October:	7B Assembly.