

# The Nairobi Academy



## Our Mission:

To instill agency and self-efficacy through an inclusive learning environment that fosters a culture of high student achievement in collaboration with educational bodies.

## Our Philosophy:

We are a Safe, Vibrant and Multi-Cultural school which provides learners with an enriched International Curriculum.

We equip our learners with knowledge, skills and values that prepare them for new and future challenges.

## Our Vision:

To empower our learners to become internationally-minded agentic stewards who will impact the community with wisdom, problem solving skills and innovation.

## VALUE STATEMENTS

### BALANCED

Intellectually, Physically, emotionally and socially.

### ENGAGING

Ready to make a difference in the community and the world.

### NOBLE

Act with integrity, honesty, respect and be able to make ethical decisions.

### THINKERS

Apply skills to approach complex issues then make reasoned decisions.

### LEADERS

Embody confidence, collaboration and inspiration.

### ENQUIRERS

Curious and enjoy learning while exploring new ideas.

### DYNAMIC

Vibrant, adaptable and driven go-getters



# Year 7A

# Assembly



The assembly was exemplary, apart from that the skit was long and also it wasn't so think win-win. I think we could have done better and made room for improvement.

~ Jasmine

Today's assembly was fantastic. I learned that your friends could help you overcome your fear/ stage fright. There were no lowlights of the assembly overall. If there were fewer people on back-stage duty because they were talking too much backstage.

~ Zara



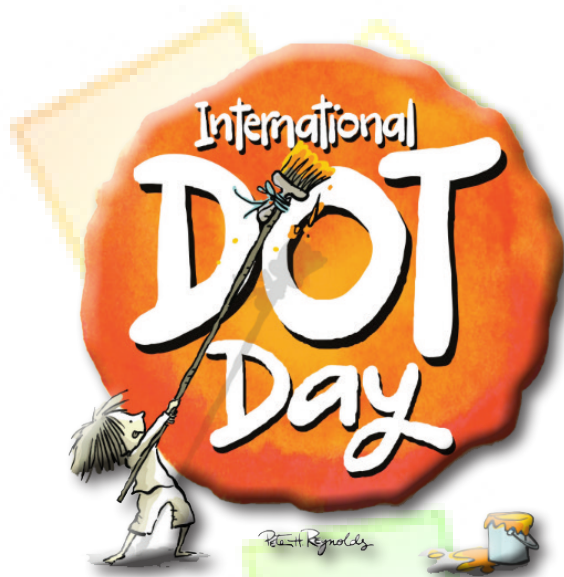
Monday Assembly - The assembly was good and I really liked although it wasn't very eventful and I kind of messed up when I forgot to introduce the task of the week but other than that it was a very nice assembly. It was a very fun assembly I loved every single part of it. We made everyone smile and laugh and our goal was targeted. I loved that everyone was happy and no one was bored the whole assembly so i think that it was an assembly to remember.

~ Zoey

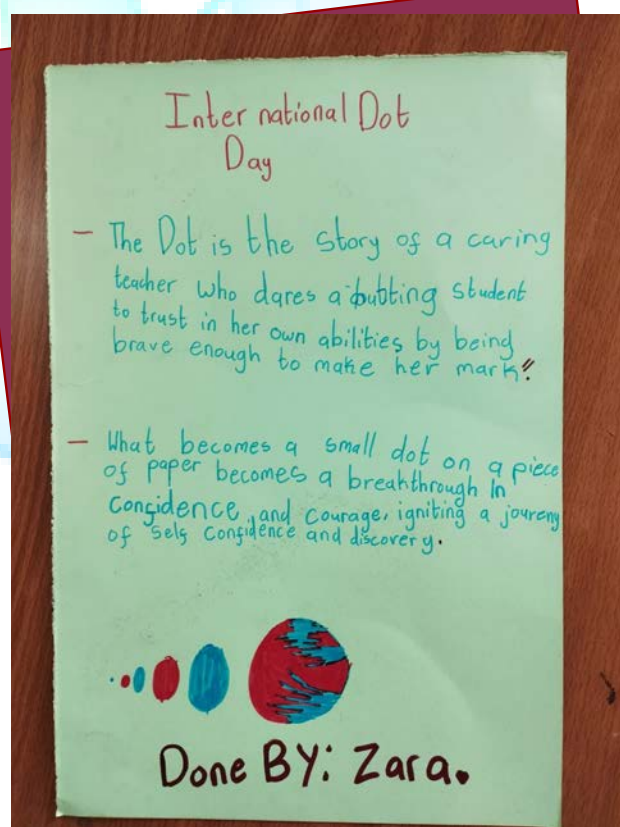
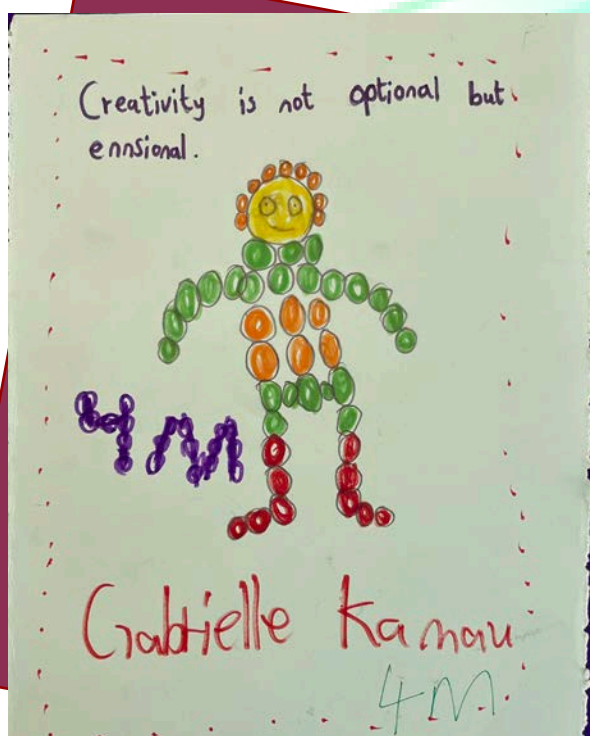
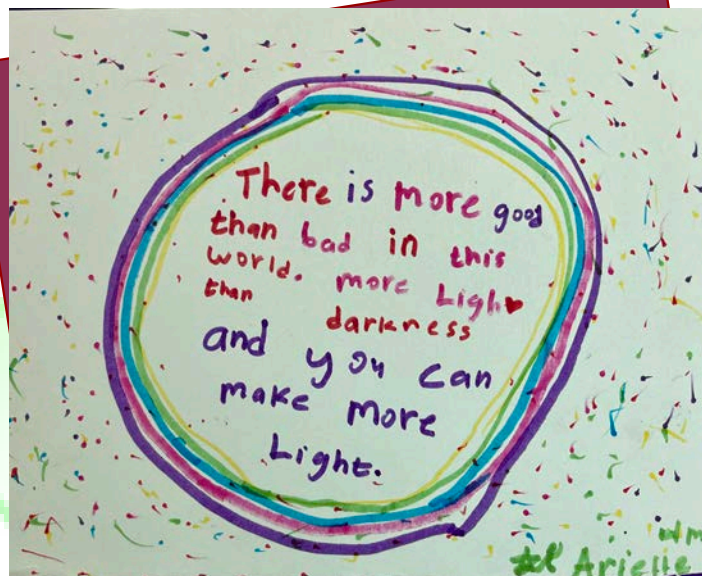
How my assembly went. It was good. We had a class dance. We had a class skit about milk. We had the student of the week. Then their was SMT. It was a very good assembly.

~ Anna

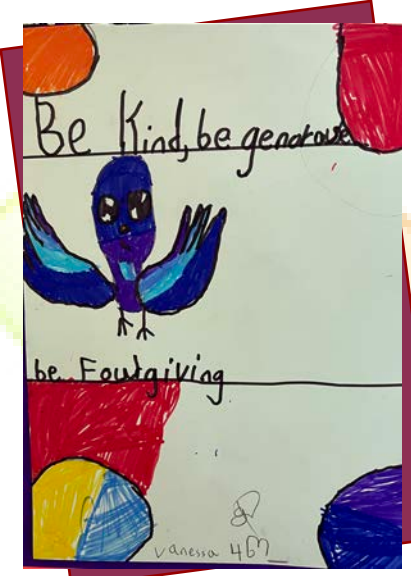
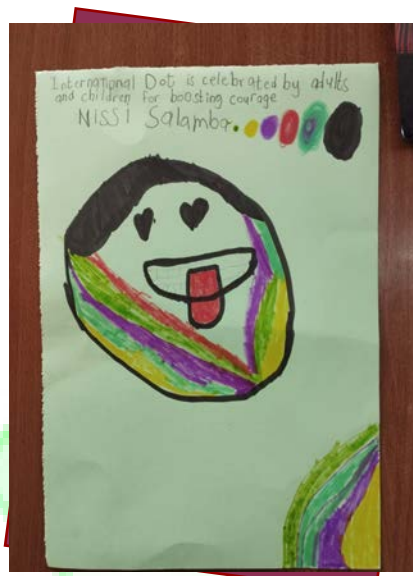




September 15th is celebrated as International Dot Day world wide. Nairobi Academy Prep school joined in the celebrations. The children dressed up and carried out various activities in their classrooms all with the aim of 'making their mark'.







# PE

## Week 3 PE update

Our Under 9 football players celebrated International Dot Day in style by creatively drawing big dots just before leaving for a football match with Premier School. The Nairobi Academy girls team won while the boys lost with a lot of positive effort. Well done to the Under 9 team!

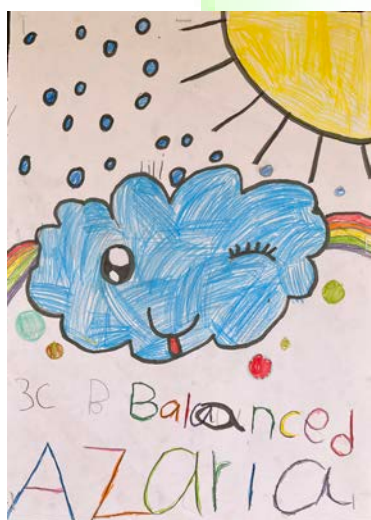
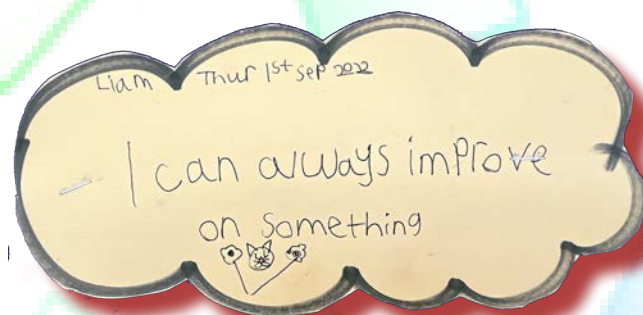
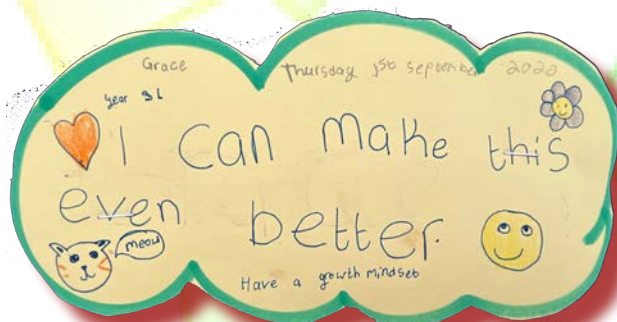
Mr. Duncan  
P.E Subject Leader





# Growth Mindset

Attitude . Agency . Achievement



# The Pastoral desk

Dear Parents, We hope you are all well.

This article is to enlighten you about peer pressure that seems to be taking a toll on the Students well-being.

- As kids get older, peer pressure can get in the way of how well they do in school. Why? By the time they turn seven, children start caring more and more about what other kids think of them — and less about what their parents or other adults think.
- Kids who want to get approval from their peers and become more popular will often take part in risky behavior like cheating in class, being swayed from what is good for them, drugs, alcohol, etc — all of which can send them on a downward spiral and take them away from focusing on their education.

## How do you help your child?

- a) **Set Limits:** When your children hear you setting limits clearly, firmly, and without a lot of explanation, this helps them see that it's OK to do the same. When you say, "No, that's not okay with me," you're giving your child the same language they can say when someone tries to talk them into doing something they shouldn't.
- b) **Affirming Independence:** Independence is what your child is seeking. Point to your child that this is okay, but this should not let other kids decide what they should be doing — that's not independence! Teach them to be principled and stick to what they believe in.
- c) **Listen and don't overreact:** When your child talks with you about what the friends are doing, you may hear things that upset you. But if you overreact or lecture, your child won't want to bring these issues up again. Stay as calm as you can, without yelling, blaming, or lecturing. Instead, use these moments to get your child thinking about the consequences of risky behavior: "I wonder if your friend realizes he/she could be arrested for cheating in the exam?"
- d) **Discuss often who a true friend is:** Keep reminding your child to understand that a friend who is pressuring them to do something dangerous, hurtful, or illegal is not much of a friend.
- e) **Who are the friends?** Invite your child's friends and get to know them. This will help you in the long run, decide if the friends are good or bad influencers.

Thank you and we hope to do our best in guiding the students as they find their Path to their future.

E. Ndungu  
Pastoral desk.



# Merits

Angelo



For demonstrating the attributes of engaging, enquirer and noble as well as displaying grit. Well done!

Jude



For concentrating and getting on with his science work demonstrating the learner attribute 'leader'

Abdilatif



For being balanced and achieving his goal of coming early to school with a positive mindset.

**IMPORTANT  
NOTICE**

**This is to notify you that there are no late buses to the following areas:**

*Ngong, Rongai, Kileleshwa, Mombasa road,  
Syokimau & Parklands.*

**If you stay in any of these areas and your child does an  
afterschool activity during the week, please arrange to have  
them picked at 4.25 pm from the Prep School Banda.**

# STUDENTS OF THE WEEK

Joanna



For enquiring about what was learnt on Monday when she was absent. Well done Joanna.

Njoki



For being proactive and making good attempts with her reading. Njoki is working hard to master more complex sentences. Good work!

Alex



For being proactive during lessons. Well done Alex!

Caleb



For being dynamic during lessons.

Mischa



For being very active during classroom discussions. Keep it up Mischa!

Gabrielle



For being a proactive learner, She does her classroom assignments, tasks and group work in an organized manner. Well done Gabby!



# STUDENTS OF THE WEEK

Trey



Hamnhial



For settling well in his new school and being elected to the Student Council team and as Vice-Captain for Naivasha house.

Gabriella



For setting goals accordingly and showing gratitude to others during break times.

Ashley



For always striving to do the right thing at the right time. She puts first things first. She is a responsible learner.

Zara



For being proactive and coming up with class assembly slides. Well done!

For showing leadership in her class and ensuring that all the students are a part of the decision-making process.

Rumaysa



For settling well in her new school and engaging positively with her peers and teachers. Welcome to Nairobi Academy.

Nguchu



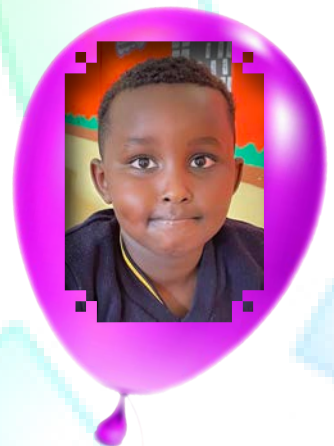
For taking his leadership roles seriously and by supporting his peers in different activities. Well done!

# Birthday

Baltej



Abdijalil



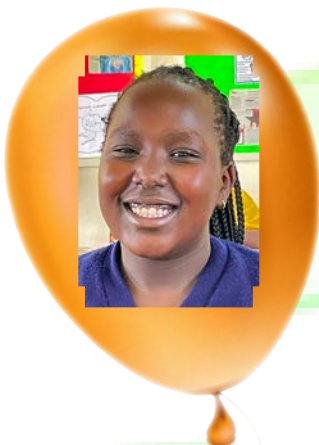
Ayden



Anjan



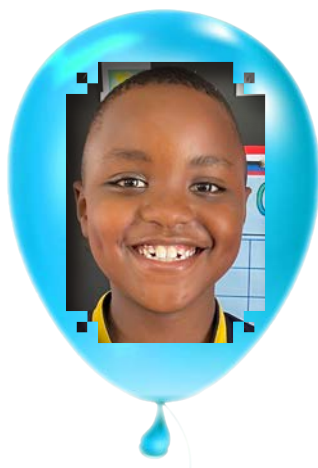
Zoey



Leila



Fuche

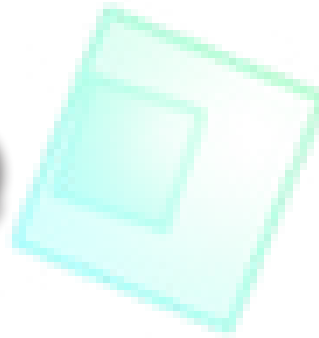
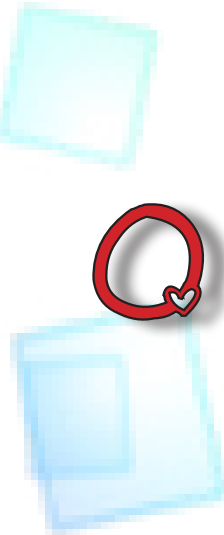
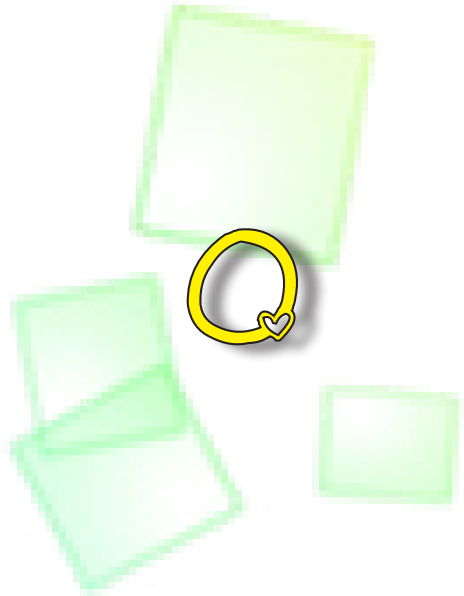
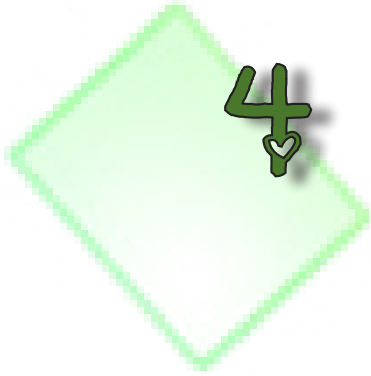


Jasmine





# House@ Points



# Week 4 Term 1 2022 / 2023

## MONDAY

FRIED CHANA DAL  
MIXED VEGGIES  
ORIENTAL RICE  
GREEN TOSSED SALAD



\*\*\*\*\*  
FRUIT CUT

## TUESDAY

ITALIAN SEASONED MINCED MEAT  
SPRING BLEND VEGETABLES  
SPIRALI PASTA  
PINEAPPLE CARROT AND RAISINS SALAD

\*\*\*\*\*  
LEMON CAKE

## WEDNESDAY

FRIED FISH FILLET  
BROCCOLI COMBO  
SAUTEED POTATOES  
FRESH GARDEN VEGETABLE SALAD

\*\*\*\*\*  
ASSORTED YOGHURT

## THURSDAY

STIR FRY BEEF  
STIR FRY VEGETABLE  
SPANISH RICE  
FRIJOLE SALAD

\*\*\*\*\*  
FRUIT SALAD

## FRIDAY

BAKED CHICKEN  
SAUTEED EGGPLANT WITH MIXED PEPPERS  
CHIPS  
CREAMY COLESLAW

\*\*\*\*\*  
ICE CREAM





## Nairobi Academy Prep School Escalation Ladder

Teacher	Class	Responsibility	Email
1. Prisca Njoki	Y2P	Lead Teacher Y2	plucy@nairobiacademy.or.ke
2. Irine Loyatum	Y2I	Subject Leader Geography / Year Group Coordinator 2&3	iloyatum@nairobiacademy.or.ke
3. Lettesia Omondi	Y3M	Community Service / Events	lomondi@nairobiacademy.or.ke
4. Catherine Moruri	Y3C	Community Service / Lead Teacher Y3 / Baringo hse patron	cmoruri@nairobiacademy.or.ke
5. Elizabeth Muli	Y4S	Subject Leader History / Lead Teacher Y4	emuli@nairobiacademy.or.ke
6. Duncan Owich	Y4P	Subject Leader Science / Magadi hse patron	dowich@nairobiacademy.or.ke
7. Margaret Simiyu	Y5K	Special Needs	msimiyu@nairobiacademy.or.ke
7. Christine Nga'ng'a	Y5C	Subject Leader Global Perspectives / Lead Teacher Y5	cnganga@nairobiacademy.or.ke
8. George Rukwaro	Y5A	Subject Leader MFL / Year Group Coordinator Y4&5	grukwaro@nairobiacademy.or.ke
9. Daniel Njoga	Y6N	English team / Community Service / Turkana hse patron	dnjoga@nairobiacademy.or.ke
10. Daniel Ombati	Y6O	Subject Leader Mathematics	dombati@nairobiacademy.or.ke
11. Wavinya Maliti	Y6W	Subject Leader Art / Lead Teacher Y6 / Events team / Naivasha hse patron	wmaliti@nairobiacademy.or.ke
12. Edith Anyona	Y7E	Subject Leader English / Lead Teacher Y7	eanyona@nairobiacademy.or.ke
13. Benard Okendo	Y7B	Student Leaders / Year Group Coordinator Y6&7	bokendo@nairobiacademy.or.ke
14. Patrick Andala	Y7A	Scouts / Community Service Lead	pandala@nairobiacademy.or.ke
15. Joseph Kinuthia		Subject Leader ICT	kinuthia@nairobiacademy.or.ke
16. Duncan Obwoye		Subject Leader PE	dobwoye@nairobiacademy.or.ke
17. Elizabeth Gachie		Subject Leader Music / Events Lead	egachie@nairobiacademy.or.ke
18. Michael Macharia		Curriculum Coordinator	mmacharia@nairobiacademy.or.ke
19. Eunice Ndungu		Pastoral, Guidance & Counseling	endungu@nairobiacademy.or.ke
20. Elizabeth Kironde		Academic	ekironde@nairobiacademy.or.ke
21. Dorena Maina		Head teacher	dmaina@nairobiacademy.or.ke

### Escalation ladder

Start here



Form Tutor

Lead Teacher

Year Group Coordinator

Deputy Heads

Head teacher



# EVENTS

Mark Your Calendar

## Week 4

Focus of the week: **Learner Profile - BALANCED**

Monday **19th** September:

Power morning.

Friday **23rd** September:

3C Assembly.

Saturday **24th** September:

Scouts Investiture & moving up ceremony.  
NCAA Level 1 Swimming @ Makini.

Sunday **25th** September:

NCAA Level 1 Swimming @ Makini

## Week 5

Focus of the week: **Habit - SYNERGIZE**

Monday **26th** September:

Gratitude Monday.  
Inter-house verse speaking.

Tuesday **27th** September:

U11 Boys and Girls Soccer vs Rusinga (H).

Thursday **29th** September:

U9 Soccer Boys and Girls vs Premier (A).

Friday **30th** September:

5S Assembly.

Saturday **1st** October:

Young Engineers Interschool Competition.

## Term dates for 2022-2023 academic year

	School opens	School closes/opens for half term	School closes
Term 1	Tue 30 August 2022	17 - 24 Oct incl	Fri 9 Dec 2022
Term 2	Wed Jan 4 2023	13 - 20 Feb 2023 incl	Fri 31 Mar 2023 <i>Easter Sunday 9 Apr</i>
Term 3	Tue 18 Apr 2023	29 May - 5 Jun 2023 incl	30 Jun 2023