



SECONDARY BULLETIN

TERM TWO: VOLUME THREE

**JAN
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HOG CHARGE PRACTICE

As a group we prepared for hog charge by training at break time, lunch time, and after school everyday, we have been riding our bike around the field and the Maram in school. We gain our indurance by riding on the mudand doing a few laps on rough areas.we believe we are ready for the hog charge.

The Gliders

Last week we started doing hog charge training.From that day we have been doing all kinds of bike training activities including going round the field and the Murram. We have liked the training the entire team members have also enjoyed the training sessions and are now ready for the big event.

Fast and furious Team

As we were preparing for this event, all the team members brought their personal bikes to school, upon this we discovered a few mechanical issues with almost all bikes brought in. Things such as drive train adjustments, braking adjustments, suspension as well as personal preferences. This were quickly fixed and training started immediately. Overall most of the bikes are in good working condition ready for the event. The event will be held at peponi schools on the 23rd of January, we have teams for under 12, 14 as well as an open class.

Team Khichke

On Friday 21st January the outgoing student council had their last event. Even though it was quite sudden to students that we were having an event but the turn up was still quite amazing. There was activities such as three sticks and musical chairs and there was an very eventful netball tournament. It was extremely fun especially for the suddenness of it all.

Sagnik Banerjea

Luckily we were able to run the event well. We got a lot of people to play and others to participate and the food did sell out. Even though I was only a small help to the team, I really enjoyed what they did. due to the short notice they couldn't achieve what they wanted but I'm really proud of what they have done and pray for many more to come.

John Mbii



OUTDOOR PURSUITS

On the 10th of December, the year 10 and 11 students embarked on a journey to the unknown. At around 1:30 pm we left to go to Camp Mahon in Nanyuki. It was a grueling ride, that lasted around 5 hours but it seemed worth it.

We arrived and had a briefing, ate dinner and retired to our tents.

During the briefing we were taken through the schedule, rules and regulations for the camp.

The next morning there was another briefing on map reading. We got ready for a hike in the Ngare Ndare forest and had a 45 minute bus ride to the forest. The trail was relatively steep and had an uneven terrain, we hiked over 6 kilometres and at the end of the trail there was an underwhelming waterfall, where we had our short lunch break.

Afterwards we hiked back and went on a somewhat exciting canopy walk, which led us to a zip line, where most of us took part in while others relaxed.

Once we returned to the camp, we settled down. At night there were bonfires and marshmallows, possibly one of the main highlights of the trip. The next morning we packed and did team building exercises before departing. We arrived in Nairobi at 5:45pm.

Ilana Mungal and Akwe Rowa.

Spending time with friends was fun but the hike was extremely tiring and challenging especially going uphill but seeing the waterfall was really nice.

Vanessa Mugambi

The hike was exhausting however the waterfall was breathtaking. I admired the scenery while we were hiking-

Ilham Abdikadir

The outdoor pursuit experience was fantastic. I got to see a lot of good scenery.

Shawn

Outdoor pursuit was a great experience. We got to learn so much outdoors.

Duba



PASSION PROJECTS

My passion is volunteering with animals. The Kenya Society for the Protection and Care of Animals also known as K.S.P.C.A is an animal charity in Kenya protecting animals from neglect and abuse. Since the society's formation one hundred years ago, KSPCA has grown and is well known for animal rescue and rehabilitation, with a focus on domestic animals.

Here is the story of Tyson: Tyson was a four year old Rottweiler. His days had been spent in a shed, let out at night when the humans were in their house. So he had had very little human contact. He was very wary of the people who came to take him as he was very timid and lacked confidence. After much patient coaxing, he was put in a cozy van and taken to the KSPCA shelter. With attention and TLC after one week, he had gone to his new owner as arranged with the old owner. He is a changed dog, much more confident and will spend a lot of his time with his new owner.

How can we help out? Through: Donations - Only with your donations can they carry out their important work! Adopt a pet - You can make a difference in the life of a homeless pet showing them what a home and love feels like. Volunteering -Have fun as well as help K.S.P.C.A love and care for animals.

Evelyn Waweru

Poetry has been one of my passions for a long time. I remember reciting my first poem that I wrote in year 4 to the entire school. I plan to collect all my poems and write more poems for a poetry book. I will then find a publisher to publish the poetry book. I hope the book will be sold as a curriculum book to support teaching of poetry to children in Kenya.

I also want to inspire a generation of avid readers! Most children spend too much time on gadgets. I want to encourage a reading culture amongst children. I will do this by making a community library in a rural location in Kenya. I plan to run a book drive in school and in my community for book donations. I will also have reading clinics and form a local book club.

Abigail Wasswa



PASSION PROJECTS

I have always had a keen interest in Maths and have formulated fun ways to solve problems. My religion has taught me to help and share with the less fortunate. I also believe that I have a social responsibility towards my fellow citizens to help in any way I can. This is my way of giving back to society. Getting Tuitions is expensive for most under-privileged students.

An ideal solution would be to have a free online portal where students could get advice from fellow students and tutors. My plan is: Introduce an interactive online weekly class to create awareness of basic principles. Create a platform which brings learners together to share ideas. Create a voluntary donation system to help bring in tutors for advanced learning. Re-invest any money received in developing the online portal.

Math is an excellent way to develop mental discipline and promote logical reasoning. Math develops the following abilities: Critical Thinking and Problem Solving skills. The online portal will encourage students to embark on Maths related degrees and courses. It will also give equal opportunities to the needy in society. It will improve the pass mark in GCSE Maths.

Ishveer Bhogal

My passion project is called Soul Instrument, it's a program where young kids find their Soul Instrument or their favourite Instrument. Because there are so many instruments I would love young kids to be exposed to different sounds and find the one they love.

This could help young kids get more creativity through music, it can be their career in the future or it can be a hobby. Why am I doing this? For the lovers of music, this would make them happy. I would be happy when I see the kids happily playing their Soul Instruments. This is a project that helps music stay alive.

Aryannah Orawa

I want to be a pilot because I've always liked planes and pilots. Pilot work not only gives you a chance to determine whether your project is feasible but also an opportunity to publish its results. You have an ethical and scientific obligation to get your information out to assist other researchers in making the most of their resources.

What do I need to do to become a pilot? I need to go for Pilot school. I need to take an introductory training flight. Apply for FAA medical certificate. Apply for student Pilot certificate. Start flight training lessons. Pass Private Pilot Knowledge Test. Pass Private Pilot Practical Exam.

Julian C. Mayaka



HEADTEACHER'S REMARKS

LEARN SOMETHING NEW – DAILY



In the context of our theme for the term, which is the 'Culture of High Achievers', amongst other things, let us consciously strive to learn something new daily. We have to make a conscious effort to learn, and then take action on what will elevate us into high achievers.

The world has always had an endless pool of knowledge for humanity to absorb. Right from birth, the child sets off to grow physically, mentally and psychosocially. We are born into the world with an inherent growth mindset. As we become teenagers, and then adults, we must actively guard against the erosion of this crucial asset. We must set ourselves up to continual learning and growth. We must actively strive to learn something new each day in order to become proficient at it!

Regardless of age, Interact with an open and receptive mind in all of a day's experiences. This way, we will allow the universe to teach us, and we shall grow. Growth in all facets of life. As diverse as the universe is, so is the capacity of every individual's mind and body. It is inexhaustible! The IB philosophy, to which the school is in the process of adopting as we are a candidate school for IB, subscribes us to the tenets of continuous learning through the learner attributes of Inquirers, Knowledgeable, Thinkers, Communicators and Principled. If you never try, you will never know. So, we have to try, by learning something new every day!

At the close of each day, have a meeting with yourself, take quick stock of your day's experiences and ask yourself; What new thing or things have I learnt today? The expert in anything was once a beginner. Endeavor to improve yourself at all times, and remember to keep trying. Every failure has a useful lesson, so, do not be afraid of making mistakes. But be sure to always learn from it. There are no human limits! – Eliud Kipchoge. Learn something new every day.

Life never stops teaching, so we should never stop learning. And remember; from small beginnings, come great things.

"Always walk through life as if you have something new to learn, and you will" – Vernon Howard.

Look, listen, observe, debate, challenge, accept, engage, try – learn every day. Learn everything you can, any time you can, there will always come a time, when you will be grateful that you did. We are learning creatures, and the lifelong practice of learning is what makes us humans and our lives worthwhile – adopted from 'Lifehack'. Constant learning has these benefits;

- Gives us a range of perspectives to call on in order to solve daily challenges
- Helps us more easily and readily adapt to new situations
- Feeds creativity and innovation
- Improves our confidence
- Gives us formidable social skills
- Makes life worth living
- Multiplies our ability

Subscribe to a website, blog and so on, on the world wide web, that interests you and ignites your curiosity. You will increase your knowledge every day. Teach someone something, you learn that way too. Never muffle an opportunity to demonstrate or explain something you have researched about or you are knowledgeable about. You may think you know, but you will end up adding to that knowledge as you teach it with an open, receptive disposition. And ultimately, change is the end result of all learning.

LEARN SOMETHING NEW - DAILY!

Headteacher: Mr. John Karanja

FOCUS FOR 2021/2022

CULTURE OF HIGH ACADEMIC ACHIEVEMENT



FOCUS OBJECTIVE

To create and sustain a culture of exceedingly effective individuals who are dedicated to high academic achievement. The objective shall use the following framework.

- Collective responsibility on behaviour, wellbeing.
- Learner Independence, Efficacy, Agency.
- Effective Pedagogy, Quality Assurance.
- Peer Tutoring Assessment
- Feedback to Parents, Learners
- Marking with Feedback
- Data Use: Tracking Monitoring

